

FIRST Swim Meeting: Session: 4: COACH evaluation sheet for TEAM: STZ

Coachinfo: Warming up from: 13:00 untill 14:05. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Vekeman Christophe

Coaches: Januarius Bart

Coaches: Mens Jennifer

Coaches: Chrispeels Sarah

Coaches: Leemans Mats

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 18: 200M FREESTYLE WOMEN 11+					Heat:3, starttime: 14:33
Heat: 3/24 Lane : 6 Athlete: MECHROUBI YASMINA					Q-time: 99:99:99
PB (50m pool): 02:42.41 Antwerpen 19/04/2026					PB (25m pool): 02:34.08 SB: 02:42.41 Antwerpen 19/04/2026
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:35.63	01:16.52	01:58.73	02:42.41	
	00:35.63	00:40.89	00:42.21	00:43.68	
					

Coach feedback:

Event number: 18: 200M FREESTYLE WOMEN 11+					Heat:14, starttime: 15:11
Heat: 14/24 Lane : 3 Athlete: DHONDT ANNELIEN					Q-time: 02:34:31
PB (50m pool): 02:31.33 Lago Gent Rozebroeken 04/05/2025					PB (25m pool): 02:28.75 SB: 02:34.31 Antwerpen 08/03/2026
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:34.06	01:13.10	01:53.29	02:31.33	
	00:34.06	00:39.04	00:40.19	00:38.04	
					

Coach feedback:

Event number: 18: 200M FREESTYLE WOMEN 11+					Heat:14, starttime: 15:11
Heat: 14/24 Lane : 8 Athlete: HEYE MIRTHE					Q-time: 02:35:14
PB (50m pool): 02:35.14 Charleroi 11/05/2025					PB (25m pool): 02:32.97 SB: 02:35.45 Molenbeek 01/02/2026
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:35.08	01:16.14	01:56.65	02:35.14	
	00:35.08	00:41.06	00:40.51	00:38.49	
					

Coach feedback:

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Event number: 18: 200M FREESTYLE WOMEN 11+					Heat:15, starttime: 15:14
Heat: 15/24 Lane : 5 Athlete: GHISLAIN EMILIE					Q-time: 02:31:18
PB (50m pool): 02:31.18 Gent 08/02/2026					PB (25m pool): 02:26.73 SB: 02:31.18 Gent 08/02/2026
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	01:10.91	no time	02:31.18	
	no time				
					

Coach feedback:

Event number: 18: 200M FREESTYLE WOMEN 11+					Heat:20, starttime: 15:29
Heat: 20/24 Lane : 6 Athlete: AELEN BENTE					Q-time: 02:21:57
PB (50m pool): 02:21.57 Antwerpen 20/07/2025					PB (25m pool): 02:19.06 SB: no time
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:32.72	01:08.15	01:44.83	02:21.57	
	00:32.72	00:35.43	00:36.68	00:36.74	
					

Coach feedback:

Event number: 18: 200M FREESTYLE WOMEN 11+					Heat:23, starttime: 15:37
Heat: 23/24 Lane : 6 Athlete: IANNINO VALENTINA					Q-time: 02:12:78
PB (50m pool): 02:12.78 Antwerpen 08/03/2026					PB (25m pool): 02:11.08 SB: 02:12.78 Antwerpen 08/03/2026
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:30.06	01:03.22	01:37.59	02:12.78	
	00:30.06	00:33.16	00:34.37	00:35.19	
					

Coach feedback:

Event number: 20: 200M BREASTSTROKE MEN 11+					Heat:1, starttime: 15:48
Heat: 1/19 Lane : 4 Athlete: HAAN ALEXANDER					Q-time: 99:99:99
PB (50m pool): no time					PB (25m pool): 04:05.82 SB: no time
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	no time	no time	no time	
	no time				
					

Coach feedback:

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Event number: 20: 200M BREASTSTROKE MEN 11+					Heat:1, starttime: 15:48
Heat: 1/19 Lane : 5 Athlete: LOUCKX TIM					Q-time: 99:99:99
PB (50m pool): no time PB (25m pool): no time SB: no time					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	no time	no time	no time	
	no time				
					

Coach feedback:

Event number: 20: 200M BREASTSTROKE MEN 11+					Heat:1, starttime: 15:48
Heat: 1/19 Lane : 6 Athlete: TUBBE XANDER					Q-time: 99:99:99
PB (50m pool): 02:51.11 Lago Gent Rozebroeken 05/05/2024 PB (25m pool): 02:45.61 SB: no time					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	no time	no time	02:51.11	
	no time				
					

Coach feedback:

Event number: 20: 200M BREASTSTROKE MEN 11+					Heat:2, starttime: 15:53
Heat: 2/19 Lane : 2 Athlete: KENTIN SHANE					Q-time: 99:99:99
PB (50m pool): 02:55.68 Antwerpen 28/07/2024 PB (25m pool): 02:44.88 SB: no time					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	no time	no time	02:55.68	
	no time				
					

Coach feedback:

Event number: 20: 200M BREASTSTROKE MEN 11+					Heat:5, starttime: 16:07
Heat: 5/19 Lane : 5 Athlete: SAADEH NAYIM					Q-time: 99:99:99
PB (50m pool): no time PB (25m pool): 03:08.38 SB: no time					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	no time	no time	no time	
	no time				
					

Coach feedback:

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Event number: 20: 200M BREASTSTROKE MEN 11+					Heat:7, starttime: 16:17
Heat: 7/19 Lane : 5 Athlete: GHISLAIN ANTOINE					Q-time: 03:46:19
PB (50m pool): 03:46.19 Lago Gent Rozebroeken 04/05/2025 PB (25m pool): 03:22.76 SB: no time					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:52.49	01:51.12	02:49.47	03:46.19	
	00:52.49	00:58.63	00:58.35	00:56.72	
					

Coach feedback:

Event number: 20: 200M BREASTSTROKE MEN 11+					Heat:10, starttime: 16:30
Heat: 10/19 Lane : 1 Athlete: DOBBELEIRE NIELS					Q-time: 03:22:09
PB (50m pool): 03:22.09 Molenbeek 01/02/2026 PB (25m pool): 03:26.47 SB: 03:22.09 Molenbeek 01/02/2026					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	01:37.43	no time	03:22.09	
	no time				
					

Coach feedback:

Event number: 20: 200M BREASTSTROKE MEN 11+					Heat:10, starttime: 16:30
Heat: 10/19 Lane : 8 Athlete: VANDERGUCHT JONAS					Q-time: 03:24:74
PB (50m pool): 03:24.74 Lago Gent Rozebroeken 04/05/2025 PB (25m pool): 03:05.38 SB: no time					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:46.20	01:38.74	02:32.25	03:24.74	
	00:46.20	00:52.54	00:53.51	00:52.49	
					

Coach feedback:

Event number: 20: 200M BREASTSTROKE MEN 11+					Heat:12, starttime: 16:37
Heat: 12/19 Lane : 4 Athlete: VEKEMAN KWINTE					Q-time: 03:04:55
PB (50m pool): 03:04.55 MOUSCRON 29/05/2025 PB (25m pool): 02:59.96 SB: no time					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:44.45	01:32.21	02:21.41	03:04.55	
	00:44.45	00:47.76	00:49.20	00:43.14	
					

Coach feedback:

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Event number: 20: 200M BREASTSTROKE MEN 11+					Heat:12, starttime: 16:37
Heat: 12/19 Lane : 8 Athlete: WIELEMAN ROBBE					Q-time: 03:06:79
PB (50m pool): 03:05.92 Antwerpen 19/04/2026					PB (25m pool): 03:05.33 SB: 03:05.92 Antwerpen 19/04/2026
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:42.15	01:29.82	02:17.63	03:05.92	
	00:42.15	00:47.67	00:47.81	00:48.29	
					

Coach feedback:

Event number: 20: 200M BREASTSTROKE MEN 11+					Heat:13, starttime: 16:41
Heat: 13/19 Lane : 5 Athlete: PEETERS KOBE					Q-time: 02:59:80
PB (50m pool): 02:59.80 Molenbeek 01/02/2026					PB (25m pool): 02:56.93 SB: 02:59.80 Molenbeek 01/02/2026
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	01:25.31	no time	02:59.80	
	no time				
					

Coach feedback:

Event number: 20: 200M BREASTSTROKE MEN 11+					Heat:14, starttime: 16:44
Heat: 14/19 Lane : 7 Athlete: HALLET BRENT					Q-time: 02:58:95
PB (50m pool): 02:58.95 Lago Gent Rozebroeken 04/05/2025					PB (25m pool): 02:45.27 SB: no time
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:41.46	01:26.68	02:13.17	02:58.95	
	00:41.46	00:45.22	00:46.49	00:45.78	
					

Coach feedback:

Event number: 20: 200M BREASTSTROKE MEN 11+					Heat:18, starttime: 16:57
Heat: 18/19 Lane : 2 Athlete: MEERT VINCE					Q-time: 02:37:96
PB (50m pool): 02:37.96 Gent 08/02/2026					PB (25m pool): 02:32.66 SB: 02:37.96 Gent 08/02/2026
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:34.68	01:14.57	01:55.95	02:37.96	
	00:34.68	00:39.89	00:41.38	00:42.01	
					

Coach feedback:

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Event number: 20: 200M BREASTSTROKE MEN 11+					Heat:18, starttime: 16:57
Heat: 18/19 Lane : 8 Athlete: LESCRAUWAET MAX					Q-time: 02:40:92
PB (50m pool): 02:40.92 Antwerpen 08/03/2026					PB (25m pool): 02:43.34 SB: 02:40.92 Antwerpen 08/03/2026
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:35.62	01:17.37	01:59.75	02:40.92	
	00:35.62	00:41.75	00:42.38	00:41.17	
					

Coach feedback:

Event number: 20: 200M BREASTSTROKE MEN 11+					Heat:19, starttime: 17:01
Heat: 19/19 Lane : 7 Athlete: CLEYMANS TORBEN					Q-time: 02:27:23
PB (50m pool): 02:26.51 Antwerpen 28/07/2024					PB (25m pool): 02:20.47 SB: 02:30.72 Antwerpen 19/04/2026
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	no time	no time	02:26.51	
	no time				
					

Coach feedback:

Event number: 20: 200M BREASTSTROKE MEN 11+					Heat:19, starttime: 17:01
Heat: 19/19 Lane : 8 Athlete: CLEYMANS KARSTEN					Q-time: 02:32:63
PB (50m pool): 02:32.63 Lago Gent Rozebroeken 04/05/2025					PB (25m pool): 02:22.81 SB: 02:34.77 Antwerpen 19/04/2026
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:34.65	01:14.97	01:55.53	02:32.63	
	00:34.65	00:40.32	00:40.56	00:37.10	
					

Coach feedback:

Event number: 21: 200M BUTTERFLY WOMEN 11+					Heat:3, starttime: 17:11
Heat: 3/4 Lane : 1 Athlete: GHISLAIN JULIETTE					Q-time: 99:99:99
PB (50m pool): 03:27.49 Lago Gent Rozebroeken 05/05/2024					PB (25m pool): 03:14.14 SB: no time
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	no time	no time	03:27.49	
	no time				
					

Coach feedback:

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Event number: 21: 200M BUTTERFLY WOMEN 11+					Heat:4, starttime: 17:15
Heat: 4/4 Lane : 7 Athlete: LOUCKX CÉLIE					Q-time: 02:55:59
PB (50m pool): 02:53.01 Antwerpen 21/07/2024					PB (25m pool): 02:45.68 SB: 02:59.09 Antwerpen 19/04/2026
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	no time	no time	02:53.01	
	no time				
					

Coach feedback:

Event number: 22: 200M BUTTERFLY MEN 11+					Heat:1, starttime: 17:19
Heat: 1/6 Lane : 4 Athlete: VEKEMAN KWINTE					Q-time: 99:99:99
PB (50m pool): no time					PB (25m pool): 02:51.72 SB: no time
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	no time	no time	no time	
	no time				
					

Coach feedback:

Event number: 22: 200M BUTTERFLY MEN 11+					Heat:2, starttime: 17:23
Heat: 2/6 Lane : 7 Athlete: TUBBE XANDER					Q-time: 99:99:99
PB (50m pool): no time					PB (25m pool): 03:19.40 SB: no time
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	no time	no time	no time	
	no time				
					

Coach feedback:

Event number: 22: 200M BUTTERFLY MEN 11+					Heat:4, starttime: 17:30
Heat: 4/6 Lane : 1 Athlete: DE HAES TIBO					Q-time: 02:56:17
PB (50m pool): 02:56.17 Gent 08/02/2026					PB (25m pool): 02:49.01 SB: 02:56.17 Gent 08/02/2026
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:35.73	01:19.47	02:07.46	02:56.17	
	00:35.73	00:43.74	00:47.99	00:48.71	
					

Coach feedback:

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Event number: 22: 200M BUTTERFLY MEN 11+					Heat:4, starttime: 17:30
Heat: 4/6 Lane : 7 Athlete: VANHASSEL MATHIAS					Q-time: 02:55:61
PB (50m pool): 02:55.61 Lago Gent Rozebroeken 04/05/2025 PB (25m pool): 02:45.57 SB: no time					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:36.59	01:20.95	02:08.65	02:55.61	
	00:36.59	00:44.36	00:47.70	00:46.96	
					

Coach feedback:

Event number: 22: 200M BUTTERFLY MEN 11+					Heat:5, starttime: 17:34
Heat: 5/6 Lane : 3 Athlete: MEERT VINCE					Q-time: 02:32:70
PB (50m pool): 02:27.48 Antwerpen 19/04/2026 PB (25m pool): 02:22.72 SB: 02:27.48 Antwerpen 19/04/2026					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:31.80	01:09.68	01:48.59	02:27.48	
	00:31.80	00:37.88	00:38.91	00:38.89	
					

Coach feedback:

Event number: 22: 200M BUTTERFLY MEN 11+					Heat:6, starttime: 17:37
Heat: 6/6 Lane : 3 Athlete: THIÉBAUT NOAH					Q-time: 02:12:42
PB (50m pool): 02:12.42 Olympic Pool Wezenberg, Antwer 30/03/25 PB (25m pool): 02:16.20 SB: 02:31.18 Molenbeek 01/02/2026					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:28.97	01:01.81	01:37.07	02:12.42	
	00:28.97	00:32.84	00:35.26	00:35.35	
					

Coach feedback: